



United  
Way



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## UNITED WAY OF CENTRAL LOUISIANA

FALL 2017



Looking to give back this holiday season? We have an opportunity for you.

- Adopt A Family
- Donate Time
- Donate Items

The season of giving is upon us. Help spread the holiday cheer! Find donation requests and volunteer opportunities in United Way's 2017 Holiday Wish List.

No other organization is better equipped than the United Way to connect volunteers to the needs in our community. The Holiday Wish List is designed to provide you with information on the needs of agencies serving central Louisiana. Each of our partners highlights items and volunteers needed during the holiday season, as well as year around.

You can make a difference in the life of a child, family, older adult, organization or individual during the holiday season. This guide will provide details on donations, volunteer opportunities and "fulfilling wishes". The Wish List gives people in our community the opportunity to share the giving spirit and help others during the holiday season.

Remember the Holiday season comes once a year, but volunteer opportunities are available all year long! The best Holiday gift you can give our community is your commitment to service. Please visit [www.uwcl.org](http://www.uwcl.org) for your copy of the United Way Holiday Wish List today!

*Sharon*

## UNITED WAY SPONSORING FREE FLU SHOTS

FamilyWise Community Service Partnership, together with Walgreens, the Department of Health and Human Services, and United Way, are providing a series of community health clinic events at no-cost to make flu vaccination more accessible in underserved communities throughout the country. These organizations are working together to help deliver flu shots for uninsured and underinsured residents, and encourage preventive measures heading into the winter months and the peak of flu season.

The Centers for Disease Control and Prevention (CDC) recommends a yearly flu vaccine for anyone six months of age or older to help protect against the seasonal flu epidemic. December through March is peak season for flu activity and individuals are urged to take preventative measures to keep themselves and those around them healthy.

At 8:00 am on Saturday, December 16, 2017, at City Hall in Downtown Alexandria during the Rotary Club's Doll and Toy Fund event, Walgreens will be administering no-cost flu shots for all those who qualify for a flu shot voucher. The vouchers are available on a first-come, first-served basis, while supplies last and are provided by Walgreens as part of a nationwide program that helps to make flu shots available to those without health insurance coverage or are unable to afford a flu shot.

*Walgreens*



United Way  
of Central Louisiana



familywise®  
The smart way to save on prescriptions.

## SEASON'S READINGS



On Saturday, November 11, 2017, United Way and Rapides Early Childhood Network (RECN), will be hosting the 4th

Annual Season's Readings event.

Join us in the Downtown Alexandria Mini Park from 10:00 am to 12:00 pm for fun activities, face painting, storytelling, train rides and books to take home all for free thanks to our sponsor, Luneau & Beck, LLC.

Early childhood education is an important focus area for United Way, and by hosting this event, we are not only putting books into the hands of children, we are spreading awareness of the importance of literacy and reading to children.



## CAMPAIGN UPDATE

As we begin to wrap up 2017, please don't forget to wrap up your workplace campaign and submit the results to United Way. Deadline to submit campaign results is Friday, December 1, 2017. We rely on you to make our very important funding decisions each December!

We have so many exciting things happening at United Way, and your support is what is making it happen. By donating to United Way, you are making a huge impact in Cenla. If you haven't sent in your gift yet, it's not too late. Go to [uwcl.org](http://uwcl.org) and click GIVE to make your contribution for the 2017 campaign!



## HOLIDAY WISH LIST

While most people know United Way for investing in local non-profits, we also promote volunteering and giving back of our time to the community. Each year, we compile a wish list from many agencies in our community for the holiday season.

Check out our 2017 Holiday Wish List! This packet is full of volunteer and donation opportunities for over 25 non-profit agencies in our area. If you are looking for a way to give back this holiday season, you can view the full list at [uwcl.org/holiday-wish-list](http://uwcl.org/holiday-wish-list).



## STAY CONNECTED WITH US



# WILD COOK-OFF

On October 19, 2017, United Way hosted the 17th Annual Wild Cook-Off! We had 15 cooking teams competing with over 35 dishes prepared in our four categories of Wild Game, Cajun, Ribs and BBQ. Thanks to P&G for sponsoring this event and for all of our teams and volunteers who helped make this our most successful cook-off to date!



## 2017 WINNERS

### WILD GAME

1st Place: Southern Heritage Bank

2nd Place: LSU A

3rd Place: Central Louisiana Technical Community College

### CAJUN

1st Place: Diamond B

2nd Place: RoyOMartin

3rd Place: Cleco Cast Iron Controllers

### RIBS

1st Place: Southwest Beverage

2nd Place: Diamond B

3rd Place: DIS-TRAN Packaged Substations

### BBQ

1st Place: Diamond B

2nd Place: Southwest Beverage

3rd Place: RoyOMartin

Best Presentation: Cast Iron Controllers

People's Choice Award: Southwest Beverage

Most Spirited: Diamond B

